

Item 4 App A Integrated Health & Education Review @ 2½ Years - Case Study

1. Describing ** and family situation to include who/how referred ** to the service, specific vulnerability(ies), pre-existing medical condition(s), are there safeguarding factors? Minimal details required)

Child A is 3 years old, and comes from a family with complex needs. Both parents were abused as children and the mother was a looked after child.

There is some evidence of domestic abuse in the home currently, so Child A is subject to a Child Protection Plan.

There are some issues around the mother's mental health, particularly when domestic abuse occurs - which the Health Visitor supports with, liaising directly with the GP and Early Help as appropriate.

2. Clients needs were assessed as (or the care plan was)

Child A had his Integrated Health & Education 2½ year review in the nursery setting where he is funded to attend. Both the Health Visitor and the Nursery Key Worker met with his Mum while he played.

There were a number of milestones which mum wasn't sure about when she was sent the 'Ages and Stages Questionnaires' (ASQs), but as the nursery key worker knew him and the session had been set up to test his age-appropriate skills and development, both professionals were able to complete the assessments in partnership with her.

Developmental needs identified to be '*ready to learn and ready for school*' were around toilet training, sleep issues and linked behaviour management.

3. What happened? Description of support/intervention provided including links with family, carers, other professionals including: barriers, challenges, concerns

The Health Visitor and the Nursery Worker planned a package of support in partnership with Child A's Mum:

- HV Service home visits with both parents to agree clear strategies for sleeping routine and toilet training – linking back to the 'Triple P' parenting programme that Mum had previously attended;
- Nursery working with Mum to continue developing the 'Parents as First Teachers' themes, using books to encourage his positive behaviour;
- HV Service visits with Mum when Child A is at Nursery – managing a balanced diet for improved behaviour;
- Ongoing close liaison and information sharing between HV Service and the Nursery;

4. Describing client/family situation/outcomes following the support/intervention including details of any onward referrals

- Child A is thriving and is making good progress – as evidenced in the latest 'Ages and Stages Assessments' carried out at aged 3 years;
- He is now fully toilet trained, and a more regular sleeping routine has been established;
- Concentration and behaviour are both improving at nursery and he is engaging more positively and productively in a range of activities and experiences;
- Child A continues to be subject to a Child Protection Plan. Mum now regularly attends the CP Review meetings – where all information and progress is recorded and discussed;
- The Health Visitor maintains regular contact with the family to continue to provide additional support and motivation as required.

5. What we have learned and will do differently (learning and improvement

- Agree specific milestones for planned visits/updates on development and progress – between parents, HV Service and Nursery– e.g. 3 years; 3½years; 4 years – using the relevant ASQs;
- Streamline information sharing systems
- Maintain an ongoing focus on the key factors to be '*ready to learn, ready for school*' with families.